

ZENAMED CLEARPATH

Residential & Home-Based Alcohol Detox & Rehabilitation

Two trusted recovery routes - one immersive, one at home
Powered by guided support, structure, & longterm monitoring.



ClearPath Residential

The Complete Recovery & Reintegration Program

Intensive, discreet, and medically monitored — the ClearPath programme is designed for safety-critical professionals whose wellbeing and performance are compromised by alcohol dependence.

Who it's for

Professionals in regulated industries (aviation, transport, healthcare, executive roles) where sustained sobriety and proven recovery are essential for safety, compliance, and career continuity.

Core Objectives

- Achieve a safe and effective detox
- Address the causes of dependence
- Restore physical and cognitive function
- Reinstate regulatory and occupational fitness
- Build a sustainable plan for long-term recovery

Duration

14-day residential program

Environment

Private, confidential retreat setting in Malta/Gozo

Supervision

24/7 monitoring and therapeutic support
Integration: Structured aftercare for 12/24 months post-completion

Key Outcomes

- Verified detox completion
- Significantly reduced relapse risk
- Restored professional capacity
- Compliance with occupational health standards

ClearPath Lite

Home-based Early Intervention & Performance Reset

An accelerated, discreet intervention for alcohol use disorder concerns — designed to restore performance & prevent escalation without extended absence from work.

Who it's for

Professionals with a close support network in the early stages of alcohol misuse, or those showing performance decline, absenteeism, or behavioural warning signs, but not yet at crisis level.

Core Objectives

- Interrupt patterns of alcohol misuse early
- Restore physical and mental wellbeing
- Equip participants with relapse-prevention tools
- Maintain job performance & regulatory compliance

Duration

7-14 day home-based program

Supervision

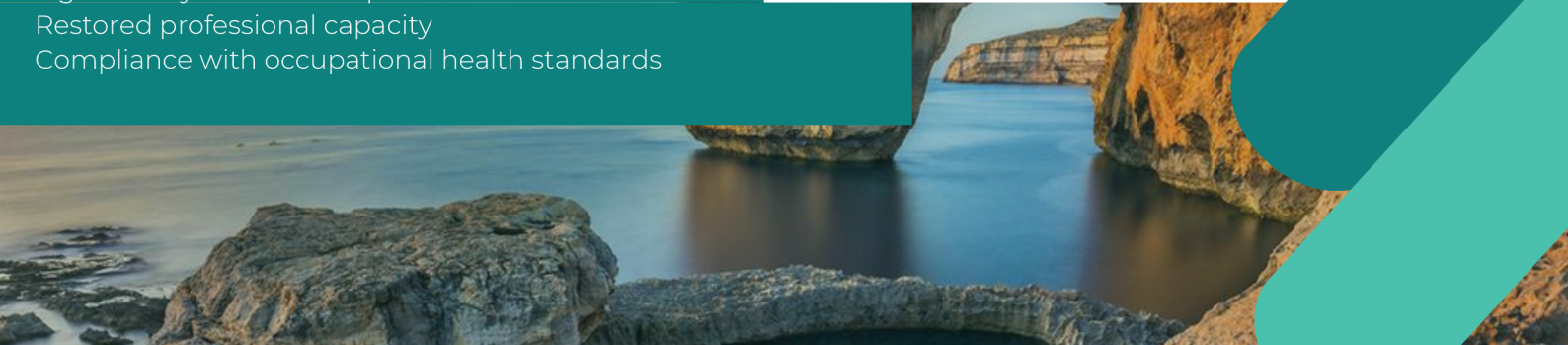
Daily oversight & therapeutic sessions

Integration

Remote follow-up for 12/24 months

Key Outcomes

- Halt progression to dependence
- Renew energy, focus, & motivation
- Reduce absenteeism & performance issues
- Reinforce a culture of safety and wellbeing



Program Inclusions

ClearPath Residential (14 Days)

- Comprehensive pre-admission assessment
- 24/7 medical supervision and safe detox
- GP and psychiatrist support
- Personalised nutrition plan & chef-prepared meal
- 1:1 counselling & group therapy
- Exercise & movement program designed for recovery
- Family liaison & progress updates (where appropriate)
- Full aftercare package
- 12/24 months of remote support & monitoring
- Compliance reporting with Occupational Health liaison

ClearPath Lite Home-based (7-14 Days)

- Pre-admission screening and assessment
- Daily check-ins & wellness monitoring
- 1:1 counselling session
- Post detox relapse prevention therapy
- Confidentiality protocols for discreet attendance
- 12/24 months of remote follow-up support



	Medical Support	Detox	Counselling	Aftercare	Accommodation	Family Liason	Target Level needed
ClearPath Residential	24/7	Medically monitored	1:1 & Group	12-24 Months	Residential	Included	Moderate-Severe
Clearpath Lite	Daily Check-in	Medically Monitored	1:1	Remote Support	Home-Based	Included	Early-Moderate

ZenaMed Dual-Sensor Monitoring Device A Step Change in Abstinence Success

At the heart of the ClearPath programme is the dual-sensor monitoring device, combining a breath alcohol analyser with a Disulfiram (Antabuse) compliance sensor. This integration is a breakthrough in relapse prevention, ensuring that both sobriety and medication adherence can be objectively measured in real time.

Why does this matter?

- Traditional programmes often rely on self-reporting or sporadic testing, which can leave gaps in accountability.
- The dual-sensor device closes those gaps by:
- Confirming abstinence through regular breath analysis.
- Verifying medication adherence for those prescribed Disulfiram
- Providing reassurance to participants, families, employers, and clinicians that recovery is on track.
- The combination of Disulfiram with daily monitoring delivers particularly strong results, since the medication deters alcohol use at a biochemical level, while the device reinforces commitment and builds trust.

Importantly, while Disulfiram is recommended, it is not compulsory within the programme. Participants may use the breath analyser on its own or together with Disulfiram, depending on clinical guidance and personal choice. This dual-sensor approach transforms recovery into a transparent, accountable, and medically supported process, dramatically increasing the likelihood of lasting abstinence.



For confidential enquiries or to arrange a programme intake:

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All enquiries are handled with strict confidentiality.

ClearPath is delivered exclusively at our private recovery retreat in Malta/Gozo by an integrated team of medical, therapeutic, & occupational health specialists.

